



Risk Assessment Method Statement

CHECKLIST



GRP Roofing RAMS Checklist

(Risk Assessment & Method Statement)

RAMS Checklist – Pre-Start / Daily Checks

Page 1 of 4

Date		RAMS Number		Revision Number	
Supervisor				Project	

1. Documentation & Training

Tick if
Applicable

RAMS reviewed and signed by all workers	☐
SDS for each chemical available on site	☐
COSHH assessments reviewed and current	☐
Training register checked (name, card number, expiry, certificates on file)	☐
Toolbox talk delivered for today's tasks and hazards	☐

2. Worker Competence & Certification

Tick if
Applicable

All workers hold valid Safe Pass (Ireland) / CSCS (UK) cards	☐
Manual Handling, Working at Height, and COSHH training in date	☐
PPE training confirmed	☐
Face Fit testing valid (if respirators required)	☐
IPAF / MEWP certification checked (if powered access used)	☐
Workers briefed on safe use, PPE, and emergency procedures	☐

3. Personal Protective Equipment (PPE)

Tick if
Applicable

PPE available, undamaged, and suitable (gloves, goggles, respirators, boots, overalls)	☐
Safety footwear, gloves, goggles/face shields, protective clothing in use	☐
Respiratory protection available where ventilation is insufficient	☐
No contaminated PPE in use	☐
Hearing protection available where cutting/grinding tools are used	☐



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Page 2 of 4

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4. Work Area & Access

Tick if Applicable

Access routes clear and safe	☐
Roof structure / decking is dry, sound, and prepared	☐
Working at height controls in place (guardrails, harnesses, towers)	☐
Weather conditions suitable for roofing works	☐
Work area free of food, drink, and ignition sources	☐
Ventilation adequate to prevent vapour build-up (e.g. to disperse styrene fumes)	☐

5. Chemicals (Storage & Use)

Tick if Applicable

Containers labelled in accordance with CLP regulation , sealed, and in good condition	☐
List of all chemicals to be used has been prepared	☐
SDS for each chemical is available on site and accessible to all workers	☐
Catalyst (MEKP) stored separately from resins	☐
Secondary containment in place (spill trays/bunds)	☐
Only daily chemical quantities brought to roof/work area	☐
Correct mixing ratios and safe mixing methods used	☐
Chemical Register reviewed and confirmed the day before work begins	☐
Expired or surplus chemicals removed from site	☐
Safety footwear, gloves, goggles/face shields, protective clothing in use	☐
Respiratory protection available where ventilation is insufficient	☐



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Page 3 of 4

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6. Plant, Tools & Equipment

Tick if Applicable

Tools inspected and safe to use	☐
Electrical tools tested and in safe condition (PAT tested if required)	☐
Ladders, scaffold, or towers checked and in good condition	☐
MEWPs inspected and operated by trained staff only	☐
Fall protection / edge protection installed and secure	☐
Fire extinguishers (foam/CO) in place and in date	☐
Eye wash and first aid kit accessible and stocked	☐

7. Waste Management

Tick if Applicable

Waste containers labelled and separate for resin, catalyst, and contaminated PPE	☐
Waste containers not overfilled, lids secured	☐
Waste stored in designated secure area	☐
Disposal arrangements confirmed with site supervisor	☐

8. Emergency Procedures

Tick if Applicable

Emergency numbers displayed (fire, ambulance, police, site management, first aider)	☐
Workers briefed on spill, fire, and exposure response	☐
Escape routes clear and marked	☐
Confirmed with PSCS that emergency information is in induction file and notice board	☐
First aid kit on site and accessible	☐



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Page 4 of 4

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9. Welfare Facilities

Tick if Applicable

Toilets, wash basins, and drinking water available

☐

Clean area for eating and breaks provided

☐

Changing/storage facilities for clothing and PPE available

☐

Welfare facilities inspected and clean

☐

10. Health Monitoring & Worker Readiness

Tick if Applicable

Supervisor / foreman appointed and identified to all workers

☐

Workers fit for duty (no alcohol, drugs, fatigue issues).

☐

Daily briefing / toolbox talk carried out

☐

Any worker health concerns reported to supervisor.

☐

Breaks scheduled to prevent fatigue, especially in hot weather when working with resins

☐

Language/translation needs assessed and addressed (if applicable)

☐

11. End of Day / Close-Out Checks

Tick if Applicable

Work area cleared of waste and debris.

☐

All chemicals sealed and returned to storage.

☐

Plant and equipment locked away or secured.

☐

Site left tidy and safe for next shift.

☐